Welcome Back!!

Now that the Spring semester is back in full swing, the CSU Pre-Vet Club would like to welcome you back to school with knowledgeable speakers and exciting club activities. This semester the officer team has come up with a great line up of speakers that will speak on topics such as feline research, and wildlife veterinary medicine. In addition the club will be hosting a variety of activities including: a heart dissection, VTH tours, a volunteer day at WOLF Sanctuary, and CSUnity.

During the spring, the CSU Pre-Vet Club runs a shadowing program with veterinarians in the area. Through this program students are paired with a veterinarian, and are able to intern at their practice for a day. This is a great opportunity to learn about the different fields of veterinary medicine, and to get first hand experience inside a clinic or hospital. So remember to sign up early for this program, because there are a limited number of spots.

As officer elections are approaching at the end of February, any member who is interested, is encouraged to run for a position on the 2015-2016 CSU Pre-Vet Club officer team. If you have any questions about a position, or if you want to know more about being a club officer, I encourage you to speak to the current officers about their experiences.

-Rachael Crouse
Do you want to be a Pre-Vet Club officer?

It can be intimidating to run for a position on the officer board. However, the current officers want to show you that it doesn’t have to be. Each officer has given a short description of their position, and its require-

Requirements for Club Officers

- Maintain a 2.75 cumulative GPA, or a 3.0 GPA for the last semester
- Must go to officer meetings every other Wednesday and general meetings every other Wednesday (ie. Every Wednesday there is either an officer meeting or a general meeting.
- Must be Premier members at the end of each semester, and half of their points must come from activities.
- All officers are required to provide one hour each week for ‘officers hours’ in the TILT PVC Of-

President

What are your job duties?
The President oversees the club and club officers. They are responsible for making sure the club runs smoothly. The President leads general meetings and officer meetings. Pre-Vet Day is a big responsibility - planning starts in March for the event which takes place in October. The President finds lecture speakers and teaching assistants (TAs) for Pre-Vet Day, as well as oversees all labs being planned for Pre-Vet Day.

Time requirements: 30-50 hours per month.

What do you enjoy the most about being an officer? I love meeting everyone! It is so nice to have a network of people who have the same passions. Being an officer is also a valuable learning experience: How to work well as a team, how to manage your time, and by being more involved in the activities, you learn a lot about veterinary medicine!

What advice do you have for someone who is looking to run? Do it! It really is a great experience. But also know that its an important responsibility and commitment!

Vice President

What are your job duties?
The Vice President schedules (bi-monthly) speakers for all general meeting throughout the year. For Pre-Vet Day, the Vice President plans one lab and helps the president when anything extra needs to be done.

Time requirements: In the Fall, 25-50 hours per month. In the Spring, 20-30 hours per month.

What do you enjoy the most about being an officer? I love this Club; it’s my favorite thing about CSU. I’ve been able to learn so much about veterinary medicine as well as what I can do since being an officer. I’ve had to take on larger and larger responsibilities, and that has made me more organized and accountable.

What advice do you have for someone who is looking to run? Go for it! It’s the best choice I made, and I’ve loved every officer team I worked with. I made lasting friends and become a person I’m proud of.

Secretary

What are your job duties?
The secretary records the minutes for the officer meetings and makes sure all information discussed is recorded and emailed to the other officers after the meeting. The secretary also maintains the Pre Vet Club email. This includes replying to emails sent to the account and forwarding emails to the appropriate office as needed. For Pre Vet Day the secretary plans a lab.

Time requirements: 20-30 hours per month.

What do you enjoy the most about being an officer? I enjoy the friends I have made and the feeling of making the club the best it can be.

What advice do you have for someone who is looking to run? As nerve racking as it can be, go for it! It is a lot of work but it has all been worth it and a lot of fun. I’ve learned a lot about myself and what an impact you can make.
Treasurer

What are your job duties? Manage the bank account, reimburse people for gas and other purchases, manage the budget for the club to ensure we aren’t over spending. You are also responsible for monthly treasurer’s reports as well as semester reports. This is in addition to having a debit card and the checks for the club and managing the finances associated with Pre-Vet Day. You are also responsible for a lab during Pre-Vet Day and helping out with other club activities like the other officers.

Time requirements: 20-30 hours per month.

What do you enjoy the most about being an officer? The friends and the useful skills in time management, and job skills it teaches you. The activities and meetings are a lot of fun too. I also really like helping plan Pre-Vet Day.

What advice do you have for someone who is looking to run? Talk to the officers before running and know what you are signing up for. Its a lot of fun but a lot of work. School comes first, consider if you have the time to put into being an officer while still doing well in classes and keeping up other passions you have.

Publicity Coordinator

What are your job duties? The Publicity Coordinator is responsible for posting flyers around campus and chalking the plaza before general meetings. For these activities you will have a publicity committee, comprised of members, to help out. On top of that you are responsible for sending out reminder emails and posting on Facebook about the general meetings. Additionally, the Publicity Coordinator takes care of merchandise orders and member gifts for the year. For Pre-Vet Day you are responsible for planning a lab and helping out with general tasks.

Time requirements: 20 hours a month (including office hours, meetings, attending activities, as well as chalking and all the publicity work)

What do you enjoy the most about being an officer? I love meeting members of the club and making new friends all the time. I also love that the officer team feels like a family and that we have a great support system with each other. The other great thing about being an officer is the opportunity to be in a leadership position. You learn a lot about communication, how to plan events, and how to balance time and make priorities.

What advice do you have for someone who is looking to run? Talk to the officer that is in the position you want to run for and see what they have to say about it. We are great resources and we would love to help you make a decision on running.

Activities Coordinator

What are your job duties? The Activities Coordinator is responsible for planning club activities such as movie nights and facility tours.

Time requirements: 20+ hours a month

What do you enjoy the most about being an officer? I loved getting to know all of the other officers this year.

What advice do you have for someone who is looking to run? Be sure you’re ready to commit the enormous amount of time and effort to the club before you run.

Newsletter Editor

What are your job duties? As the Newsletter Editor, you design, edit, and print the Pre-Vet Club’s monthly newsletter. Additionally you have to attend the bi-monthly club and officer meetings, as well as attend club events and activities. For Pre-Vet Day in October you will have to plan an interactive lab, and help to prepare for the event.

Time requirements: I usually spend about 15-20 hours each month working on the newsletter and attending club activities.

What do you enjoy the most about being an officer? I enjoyed getting to know the club members and the officer team. I also really liked learning more about veterinary medicine through speakers and club events.

What advice do you have for someone who is looking to run? If you are planning to run for an officer position, the best advice that I can give is to just remember that the club has a large time requirement outside of school. However, it is a great experience, and it is a good way to make friends that have the same interests that you do.

Webmaster

What are your job duties? Update and keep the website orderly for members to keep up with what the club offers.

Time requirements: Most months the website can be updated during your office hours.

What do you enjoy the most about being an officer? The connections that I’ve made and the opportunities to work for the club have been great.

What advice do you have for someone who is looking to run? Keep up with your duties and don’t fall behind in your work.
Club Contacts

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Daniel McVeigh, Webmaster
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Allison Allum, CVMBS Representative
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Ann Bowen, Pre-Vet Advisor
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Office: 121 TILT Building
(970)491.7095

Pre-Vet Club Meeting Dates
January 28th
February 11th
February 25th
March 11th
April 1st
April 15th

OFFICE HOURS Spring 2015
In Room B22 of the TILT Building

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Historian

What are your job duties? As the historian, you are to take pictures of all events that you go to, or make sure that the members/officers do so for you if you are not at the event. All general requirements of other officers are your responsibility also (such as attending meetings and meeting point requirements). You must keep a scrapbook going based on all events that the pre-vet club attends/puts on (including general meetings). A Pre-Vet day lab/speaker event must be planned and ran by you also: the most work you will ever put into one single day. Overall, you must be awesome ^.^.

Time requirements: Avg. 8-10hrs./week (including the summer) and about 50 hours during the month of Pre-Vet day.

What do you enjoy the most about being an officer? I enjoy being able to put time and effort into a club that brought me so much joy in the year previous. Scrapbooking has also taught me so much about what kind of person I am. Not a scrapbooker...

What advice do you have for someone who is looking to run? Make sure you understand what kind of a commitment you are signing up for. You WILL NOT have Wednesday nights anymore, and your summer will be full of anatomical diagrams that you never thought existed. More importantly, understand that by becoming an officer (historian included) you are enhancing and progressing the enjoyment of all of the participating members of the club. This is the greatest joy brought upon by this position.

Community Outreach Coordinator

What are your job duties? I schedule and organize all of our volunteer activities each semester and also run/coordinate the Shadow program that we do every spring.

Time requirements: On average I spend about 20 hours a month working on club activities (this includes officer meetings, general meetings, and weekly office hours).

What do you enjoy the most about being an officer? I really enjoy getting to know other officers and members in the club. It's a great community.

What advice do you have for someone who is looking to run? Don't be afraid! Being an officer is a great experience and the other officers are always willing to help when you need it.

CVMBS Representative

What are your job duties? I attend the bi-monthly meeting of the CVMBS College Council where we discuss budget issues and hear proposals for the development of the College. Also, I schedule the VTH tours each semester.

Time requirements: About 5 hours per week taking into account all meetings and activities.

What do you enjoy the most about being an officer? I really love being able to help give members the best possible experience. Its great to hear that members liked the events we planned!

What advice do you have for someone who is looking to run? There is a time commitment to be aware of, and you should always keep the members’ interests in mind when making decisions.

Other Information

- In order to run for the President or Vice President position, you must have been a previous Pre-Vet Club officer.
- In order to run for an officer position, you must submit an Intent to Run form by Friday, February 20th at 3:00 pm.
- Being an officer may appear to be hard at first, however after a few officer meetings, it will be much easier, and not as intimidating.
- You are never alone! We are an officer team—you will always find support from other officers if you are struggling with your position, or classes.
- Setting up Pre-Vet Day is a challenge, and begins in March, but you will be surprised at how much you and your team can accomplish.
- Don’t get in the mindset of “So many people are going to run for a position that I won’t have a chance!” - We never have as many people run as you think will.
- Freshman are not just welcomed to run for a position, they are encouraged to. You do not need to be an upper classman to have a position on the officer team. Many of the current officers ran for an officer position as freshman.
- We look forward to meeting the new Pre-Vet Club officers of the 2015-2016 school year.
Happy Valentine’s Day!!

Roses are gray
Violets are gray

Cat sent me a valentine!

Better you than me...

I PORKSONALLY WANT TO SAY
“HAPPY VALENTINE’S DAY.”
(JC)

IT WOULD STINK IF WE WEREN’T FRIENDS!
Veterinary Medicine Quiz

Label the sections of a mammalian heart.

1. Aorta  
2. Superior Vena Cava  
4. Right Pulmonary Arteries  
5. Right Atrium  
6. Right AV valve  
7. Right Ventricle  
8. Inferior Vena Cava  
9. Pulmonary Artery  
10. Pulmonary Vein  
11. Left Atrium  
12. Left AV Valve  
13. Aortic Valve  
14. Aortic Valve  
15. Descending Aorta

Correct: 9, Pulmonary Artery 10, Pulmonary Vein 11, Left Atrium 12, Left AV Valve 13, Aortic Valve 14, Aortic Valve 15, Descending Aorta
**February 2015**

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**SAVE THE DATE**

Officer elections for the 2015-2016 school year will be held on February 25th at 5:30